

# Recreation



Boys and Girls grades 4-8

Test your skill against neighboring townships on a recreational level in the Suburban Cross-Country League. Learn the basic skills of off-track running during the fall season to help build endurance and self-esteem.

- Participants will practice twice a week at Nishuane Park and compete locally at neighboring towns each week.
- (Local travel)
- Registration opens online Aug 1<sup>st</sup>, [register.communitypass.net](http://register.communitypass.net)
- Or at the recreation office 205 Claremont Ave.
- Program will meet on Mondays and Wednesdays. Starting **Monday September 11<sup>th</sup> – Nov. 5<sup>th</sup>** from 5:30-6:30pm at Nishuane Park
- Space is limited!!!
- Volunteer coaches are greatly needed.
- **Program will not run without coaches.**
- Fee is \$85.00

